Seminar Koryū Uchinādi Kenpō Jutsu in Dresden Nov 16<sup>th</sup>/17<sup>th</sup> 2024

THEMES	Excerpts from Koryū Uchinādi Kenpō Jutsu basic curriculum (nyūmon) Ground positioning (Two person drill from "Project 16" of Ante Brännbacka kyōshi) Stand up sparring and its relation to self defense
VENUE	Gym address: Teutoburgstrasse 15, 01309 Dresden FEE EUR 50 for both days
SCHEDULE	Saturday 10 am – 5 pm (including breaks) // Sunday 10 am – 4 pm (including breaks)
Special Advices	For reasons of space, the number of participants is limited to 50. Therefore, the host recommends a preregistration by email including advance transfer of the seminar fee. Cash payment possible on the seminar weekend if there are still remaining places.
	Equipment: in addition to the dōgi, mouth guard and gloves (MMA and/or boxing) are required. Groin guard and shin guards are recommended, but not absolutely necessary.
	Seminar language is English.
BANK ACCOUNT	Seminar language is English. Owner: Lutz Auerbach, IBAN: DE4012030000001271956 (Deutsche Kreditbank AG). Reason for payment: "KoryuAnte24" + Both, first name and last name of the participant.
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ACCOUNT DINNER OVER	Owner: Lutz Auerbach, IBAN: DE4012030000001271956 (Deutsche Kreditbank AG). Reason for payment: "KoryuAnte24" + Both, first name and last name of the participant. November 16th there will be a seminar dinner with both teachers in a restaurant. If you are interested in participating, we ask that you to register in advance. Free overnight stay with your own sleeping bag in the host's dōjō (about 35 kilometres